

Tranquility Bay

Beachfront Hotel & Resort

In Suite Private Spa Menu

Exotic Massage Choices

Duration 50 Minutes and can be extended to 80 Minutes

Hawaiian Lomi Lomi Massage...\$180

Traditional Hawaiian bodywork that employs deep tissue techniques, mind focus, breath and sacred alignment

Thai Massage...\$180

Yoga meets shiatsu. The client is gently stretched and massaged in the stretches. Relaxing and energizing, this technique enhances flexibility.

Not recommended for pregnant women

Sacred Stone Massage...\$200

Uses heated smooth round river stones. Stones are placed under and upon the body and are used for actual massage techniques. As heat penetrates the muscle a melting sensation engulfs the body.

Indonesian Massage...\$180

A beautifully choreographed massage that uses Indonesian aromatherapy to provide a series of Swedish techniques with thumb walking to balance the body's channels of energy

Ashiatsu...\$180

A barefoot massage. Deep tissue work using the therapist's feet and body weight to create even pressure covering large areas of the muscle tissue. Client uses floor cushion.

Not recommended for pregnant women

Fijian Massage...\$180

From the islands of Fiji-traditional health care. Client uses floor cushion and loose comfortable clothing. The therapist is seated and uses foot pressure and techniques along the musculature of the client's body. No oil is used.

Lypossage...\$250

Body contouring, lymphatic and myofascial massage to reshape and tone problem areas and improve overall appearance.

Not recommended for pregnant women

Star Massage...\$180

Points that correspond to all organs and muscles in the body are located in the extremities. Feel the entire body release from receiving massage on just the hands, feet and head.

Mandara Massage...\$325

A synchronized four handed massage done by two therapists working together. Takes its name from the Balinese legend of a mythical mountain that flows with eternal youth

Traditional Massage Therapy

Tranquility Massage...\$160

Light, gentle gliding strokes relax and soothe the tired soul

Prenatal Massage...\$175

Experience lying face down with your belly suspended in cushioned comfort as gentle strokes relax your body and allow you to commune with your child. Enjoy how the child reacts when massaged for the first time

Deep Tissue...\$180

Slow, steady medium to deep pressure helps release tension and relieve soreness

Couples Massage

Enjoy receiving your favorite massage side-by-side.

Pricing Based on Therapies Chosen. (48 Hour Notice, please).

Energy Sessions

Reiki...\$175

Symbols and hands-on techniques are used to focus healing energy without the manipulation of muscle tissue. Reiki attunements, trainings and retreats are also available on request.

Higher Spirit Consultations...\$300

Energy clearing and removal of stagnant blockages allow you to move forward with freedom and love. Training and retreats are also available

Yoga Essentials...\$175

Private sessions for you and your partner. Work with breath and alignment, developing flexibility, strength and endurance leading to spiritual peace.

Purifying Body Treatments

Key Lime Salt Scrub...\$175

Removes dried skin and stored impurities leaving body soft and radiant

Honey Sesame Body Glow...\$175

Honey, sesame seeds and dried herbs for the invigorating route to softer, healthier skin. Highly moisturizing.

Seaweed Wrap...\$200

Purify and remineralize devitalized skin. Shed excess tension.

Aloe Lavender Sun-Lover's Treatment...\$175

Too much tropical sun? Cool and refresh sunburned skin with nature's gift. Relieve the sting with fresh aloe.

Thai Herbal Wrap...\$180

Clay, milk, turmeric, herbs and sesame oil draw out impurities, heal blemishes, cool the skin and replenish moisture to prevent sun damage.

Asian Ceremonies

Duration 80 Minutes

Hawaiian Forgiveness Ceremony...\$275

Hawaiian clay is used to remove impurities followed by traditional Hawaiian Lomi Lomi massage.

Traditional Lulur...\$300

Spice and yogurt exfoliation and body polishing as practiced in the palaces of Java since the 17th Century. This traditional wedding ceremony has achieved great popularity with everyone. Ends with a soothing Indonesian massage.

Balinese Boreh...\$275

The scrub is an herb and spice mix offering a potent deep heat sensation. Good for fever, headaches, muscle aches, arthritis and chills. Followed with Indonesian massage.

Not recommended for pregnant women

Phuket Kopi Scrub...\$275

A Thai massage is followed by a coffee and clay exfoliant. Ideal for male skin.

Thai Warrior Revitalizer...\$275

Traditionally performed on war weary soldiers returning home with muscle aches and bruises. An herbal poultice helps alleviate pain and inflammation. A deep massage that works with energy lines and breathing.

Enhancements

Individually blended aromatherapy oils...\$20

Aroma Scalp Treatment...\$75

Foot Mask...\$40

Cellulite Treatment...\$50

Tiger Balm...\$20

Healing with Crystals...\$30

Healing with Elements and Sound Vibration...\$30

Private Spa Menu

Facial Treatments

Each facial treatment is created for your individual skin type. Warm aromatherapy towels relax and soften the face followed by a special cleansing and exfoliation. Unique hands-on massage will continue your treatment with a special mask. Deep penetrating moisturizer will give you that healthy glow. Ask about our secret technique available only at your private spa session.

Taste of the Tropics...\$175

Essential rose oil is the base for ultimate sensitive skin treatment. Gentle and refreshing leaving you as soft as a rose petal

Breezy Palm...\$175

Special face massage techniques help to stimulate and revive your skin while you relax and let everyday stress and pressure slip away.

Sunset Moment...\$175

Renew your skin with a natural fruit peel. Fresh citrus juices applied to resurface your face helping to reduce fine lines without harsh chemicals.

Touch of Paradise...\$175

Let the natural oils in avocado rehydrate dry or sun damaged skin. Natural fresh mask prepared moments before use.

Gentleman Facial Treatments

Each facial treatment is created for your individual skin type. Warm aromatherapy towels relax and soften the face followed by a special cleansing and exfoliation. Unique hands-on massage will continue your treatment with a special mask. Deep penetrating moisturizer will give you that healthy glow. Ask about our secret technique available only at your private spa session.

Sea Breeze...\$175

Take a break from the everyday routine. Let us relax and refresh your face with cleansing exfoliation and vigorous massage. A mask for your special needs.

Salty Dog...\$175

Too much sun and salt? Soothe your skin with a special facial treatment to renew and enhance your complexion after the rigors of the elements.

Lost in Paradise...\$175

The ultimate luxury in men's facial care. Slow, quiet pampering to set you free from pressure and hustle. Leaves you feeling that you have escaped to your own private island.

Enhancements

Fruit Acid Peel...\$50

Hot Stone...\$45

Aromatherapy...\$20

Special Scalp Oils to Enrich the Hair...\$75

Reservations

To secure your desired appointment time, please make your reservations early. All treatments end on time so that the next guest will not be inconvenienced. Please be ready to start your treatment at the designated time. Showering before is recommended. Men should shave two hours prior to facials. Please no cell phones or TV's during treatments.

A release form of liability must be signed before services will be performed. You will receive a texted confirmation with details of your treatment.

Cancellation Policy

You must cancel your spa service reservation 48 hours prior to the time of your appointment. If the reservation is not cancelled by this time you will be charged for the full amount of the service, including the service charge.

All spa services are subject to a 25% service charge.

Marian Ring LMT 305-923-9019
FL MA 26204
BCTMB 145660-00

Please leave a voicemail if no answer